

interACTIVE
NUTRITION™



LEAN-GAINER

TRAIN HARD GROW

Lean

Lean Gainer™

is available in **Chocolate, Strawberry**
and **Vanilla 1.725kg and 4.54kg**

Lean Gainer™ is a comprehensive formula that triggers rapid growth and builds lean muscle mass — fast!

Lean Gainer™ fuels your muscle growth, promotes dense, rock-hard muscularity and enhances your energy while simultaneously preventing fat gain.

Each serving of **Lean Gainer™** contains 50 grams of an ultra-powerful protein blend of Ultra Filtered Whey Protein Concentrate, Cross Flow Micro-Filtered Whey Protein Isolate and Micellar Casein to ensure constant amino-acid delivery, positive nitrogen retention and around the clock muscle growth.

Each serving of **Lean Gainer™** also contains an advanced carbohydrate blend of Maltodextrin, Amylopectin and Inulin that gives you more energy so you can work harder, recover quicker and grow faster!

It is also fully-loaded with the specialized plant and herbal extracts β -Ecdysterone, Corosolic Acid, MCTs, Tribulus, Long Jack, and Bioperine.

Lean Gainer™ supplies a 1:1 protein to carbohydrate ratio and is also congested with the following 4 NEW Ethyl Ester Growth Factors and Benefits:

- **Glutamine Ethyl Ester:** Minimize Breakdown of Muscle Tissue & Improve Protein Metabolism.
- **Creatine Ethyl Ester:** A Creatine monohydrate with an ester attached that prevents *Creatine Bloat* and helps faster absorption of Creatine.
- **Citrulline Malate Ethyl Ester:** Stimulates energy and boosts the immune system.
- **Branch Chain Amino Acid Ethyl Ester:** The essential aminos, leucine, isoleucine and valine, are the building blocks of protein and the most beneficial and effective supplements in any sports nutrition program.

Lean Gainer™ is your secret weapon for lean gains — fast!

Ingredients: Protein Blend [Whey Protein Concentrate, Whey Protein Isolate, Micellar Casein, Glutamine Peptides (Hydrolyzed Wheat Protein)], Carbohydrate Blend (Maltodextrin, Inulin), Cocoa, Medium Chain Triglycerides, Glutamine Ethyl Ester, Creatine Ethyl Ester, Citrulline Malate, Branch Chain Amino Acid Ethyl Ester, Beta Ecdysterone, Banaba Leaf Extract (Corosolic Acid), Tribulus Terrestris, Eurycoma Longifolia Jack, Enzyme Blend (Protease I, Protease II, -Lactase, Amylase), Piperine Extract, Stevia Leaf, Sucralose (50 mg), Soy Lecithin, Natural and Artificial Flavour.

Direction of use: Mix 115g (3 scoops) of InterACTIVE Nutrition's Lean Gainer™ with 500mL of milk, water or juice. May be consumed 1 to 3 times daily.

Nutrition Info

Amount Per Serving	% Daily Value
Serving Size 3 scoops (115g)	
Calories 430	
Total Fat 4g	6%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 120mg	40%
Sodium 160mg	7%
Potassium 440mg	13%
Carbohydrate 50g	17%
Dietary Fibre 2g	8%
Sugars 5g	
Protein 50g	

*Ingredients and nutrition facts may vary per flavour.
-For amino acid profiles please visit our website.

For further information please contact InterACTIVE Nutrition at:
sales@InterACTIVENutrition.com or **1-888-249-3122**

www.interactivenutrition.com

InterACTIVE Nutrition is the leader in blending top quality premium ingredients into the purest and cleanest sport supplements on the market

