

interACTIVE
NUTRITION™



L-GLUTAMINE™
is available in 250 g and 500 g

L-GLUTAMINE™

LEADING THE WAY
IN MAXIMUM
RECOVERY

L-Glutamine supports healthy immune function and helps to prevent the onset of over training, thereby improving exercise recovery.

Our commitment to continuously helping you achieve maximum results has led to the most innovative and effective L-Glutamine supplement on the market; InterACTIVE Nutrition's Micronized **L-Glutamine™**.

This product is manufactured using a cutting edge processing technology called *Micronization*, which breaks up regular L-Glutamine into micro-fine powder. This new micronized structure increases solubility in liquids allowing it to be shuttled and absorbed by your muscles much faster than traditional L-Glutamine supplements!

This Maximum Performance Supplement has been specifically engineered for those looking for the fastest possible results from **L-Glutamine™**.

Recommended use or Purpose:

Help sustain immune system function and facilitate muscle glycogen recovery after intense exercise.

Nutrition Facts

	Per 1 scoop (5 g) powder	Per 1 capsule
L-Glutamine powder	5 g	750 mg

Powder — Direction of use:

Dissolve one scoop (approximately 5 g) of L-Glutamine powder in one glass of cool water and drink immediately.

Dose (Adults): One scoop (approximately 5 g), 1 to 2 times daily

Capsules — Direction of use:

Take 2 capsules, 3 times daily with a glass of water. Consult a healthcare practitioner for consecutive consumption for more than 3 months.

Other Ingredients: Magnesium stearate, Microcrystalline cellulose, Gelatin.

Precautions: Not intended for pregnant or breast-feeding women. People with health conditions should consult a healthcare practitioner before consuming L-Glutamine products.

L-Glutamine:

- **Faster absorption and assimilation over traditional L-Glutamine**
Manufactured using a cutting edge processing technology called *Micronization*, which breaks up regular L-Glutamine into micro-fine crystals.
- **Quality assured**
InterACTIVE Nutrition's Micronized **L-Glutamine™** provides your body with 5 grams of 100% Certified Pure Pharmaceutical Grade L-Glutamine per serving. Each batch is laboratory tested to ensure and guarantee potency.
- **Increases growth hormone release**
Studies show that, under the right conditions, consuming a serving of Glutamine before bed, boosts growth hormone levels during sleep.

L-Glutamine benefits:

- Reduce the catabolic effect of cortisol
- Increase Growth Hormone production
- Aid in recuperation
- Support immune function
- Accelerate the fat burning process

For further information please contact InterACTIVE Nutrition at:
sales@InterACTIVENutrition.com or 1-888-249-3122

www.interactivenutrition.com

InterACTIVE Nutrition is the leader in blending top quality premium ingredients into the purest and cleanest sport supplements on the market

